

MOVING TIPS

Choosing a Moving Company

Have at least three movers come to your home and give estimates. Be sure to ask whether the estimates are binding, non-binding or guaranteed not to exceed a certain amount.

Obtain each company's assigned Motor Carrier number and call the USDOT at (202) 358-7000 to determine if they are registered and have the proper insurance on file.

Ask your prospective moving company for a copy of the "Your Rights and Responsibilities When You Move" booklet.

Relocation to your New City

Find a new doctor and dentist and have your family's medical records transferred to them.

Arrange to register your children in their new school(s). Contact their current school(s) to have their records forwarded.

Take care of bank accounts well in advance. You'll need to order new checks and verify that direct deposits will go into the correct account.

Remember to request the return of any security deposits.

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Subscribe to the local newspaper and visit the Chamber of Commerce in your new city for additional community information.

Moving With Children

Get family members focused on and involved in the process of moving. Hold a family meeting to discuss why, where, when and how the family will move. Encourage everyone to ask questions and express feelings.

If possible, drive the family to see the new home and take a tour of the new neighborhood schools, shops and parks. Take photos or videotape the new house and neighborhood.

Make lists for each older child of things to do to prepare for the move and assign them a special task or two. For example, they can read and inform other family members about the area history, landmarks, special events and amusements.

Help children prepare for the move by having them assist with packing. Let them pack a box of special clothes, toys or books they would like readily accessible at their new home.

Let each family member help plan how to set up his or her bedroom. Have them help select paint or wallpaper. Let them share ideas how to arrange the furniture. When the move takes place, set up the children's room first.